



# VIEW FROM BEHIND THE DASH

PROMOTING ALL ASPECTS OF EQUINE HARNESS DRIVING BY ENCOURAGING GOOD WILL AND EMPHASIZING SAFETY AND EDUCATION

NEWSLETTER OF THE FLORIDA WHIPS · NOVEMBER 2019



*Morgan Pevonka and Stetson hold on to the North American Intermediate VSE Championship for the second year*



## WHAT'S INSIDE

• Trainer Directory • Pine Tree report • Katydid report • Chill Out! • Tune Up Clinic • Upcoming Clinic information



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***View from Behind the Dash is the newsletter of The Florida Whips, a state-wide organization of driving enthusiasts. The newsletter is published September through May.***

## BUSINESS ADS

Full Page (one issue) .....\$40  
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Half Page (one issue) .....\$25  
Half Page (annual) .....\$200  
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(included with a business membership) Annual  
newsletter ads run in all issues. Annual  
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## EVENT ADS

Event Sponsored by Florida Whips: Free. Link to event forms/ads can be added to the calendar on [www.flawhips.org](http://www.flawhips.org). Other than Whips Events: one-half Business rate. Link to Event ad from newsletter can be added to the calendar on [www.flawhips.org](http://www.flawhips.org). Event Calendar listings on website: free link to organizer's event website. Email calendar information to [calendar@flawhips.org](mailto:calendar@flawhips.org).

## CLASSIFIED ADS

Florida Whips members: One ad (per issue), up to 100 words, free for three months, text only; 1 photo and email link free on website. Additional ads past the first, \$10.00. Photo in newsletter \$5; additional photos past the first on website \$5 each. Other than Whips Members: \$10.00 per ad, up to 100 words, for three months; text only; 1 photo in newsletter/on website \$5, additional photos on website \$5 each.

## DEADLINES AND SUBMISSION

Deadline is the 15th of each month preceding month of issue. For instance, for the May issue, deadline will be April 15. Payment must be received before inclusion. Submit ads electronically to [newsletter@flawhips.org](mailto:newsletter@flawhips.org) and [webmaster@flawhips.org](mailto:webmaster@flawhips.org) as appropriate.

## PAYMENT INFORMATION

Checks are payable to Florida Whips Inc., and mailed to our Treasurer:

Anna Crothers  
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Credit card payments accepted online at [www.flawhips.org](http://www.flawhips.org) or via Paypal to [treasurer@flawhips.org](mailto:treasurer@flawhips.org).

Join the discussion on Facebook. Search for 'Florida Whips Carriage Driving' and ask to join the group.

Find us on 

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**Need a trainer? Here’s a list of trainers recommended by our Whips membership:**

Elizabeth Keathley (615) 849-5105	Jean Thornton (386) 985-2103
Olof Larson (352) 804-0284	Boots Wright (352) 812-8701
Muffy Seaton (540) 454-1092	Sara Schmidt (908) 303-1830
Thoreston Zarembowics (352) 857-9718	Audrey Hartnett (978) 290-1072
Kacy Tipton-Fashik (Grand Oaks Trainer) (352) 409-1398	Larry Poulin (508) 574-0313
David Saunders (352) 229-3159	Bob Giles (352) 208-0476
Gary Yeager (352) 286-5365	David Jay (407) 783-6663

**We Need To Hear From You!**

**Do you have some "human" technology (or anything, really) that you have found a great use for around the barn or while driving? If so, send in your ideas (and pics) for your "Human Hacks for Horses".**

**Ideas for future articles include your ideas for making homemade hazards or dressage arenas. Also what are your best driving "gymnastics" for a succesful Marathon day?**

**But we are not limited to these topics, send in your ideas, articles and updates (and most of all, pictures!) to [newsletter@flawhips.org](mailto:newsletter@flawhips.org)!!**

# Florida Whips Calendar of Events *(updated as of 9/27/19)*

Meeting	Competition	Recreational	Clinics/Lessons			
CALENDAR of EVENTS 2019-2020 <i>(updated all season long, contact the newsletter editor with updates, etc.)</i>						
Date	Event	FL Whips	ADS	USEF	FEI	Contact
10/12 to 10/13/19	CDE Season Tune up Clinic with Elizabeth Keathley	X				Anne Raisner
	at Grand Oaks Resort, Lady Lake, FL					
10/18 to 10/20/19	Pine Tree CT & CDE		X			ADS Omnibus
	Big Sky Farm, Southern Pines, NC					
10/31 to 11/3/19	Katydid CAI* USEF Single Horse Ch & ADS Intermediate Ch		X	X	X	ADS Omnibus
	Windsor, NC					
October Date TBD	Trail Drive at Lake Panasoffkee	X				
	Lake Panasoffkee Recreational Park, FL					
10/26 to 10/27/19	STRIDE Dressage (Driven dressage)					STRIDE
	at Florida Horse Park, Ocala, FL					
11/9 to 11/10/19	CDE Season Warm Up Clinic with Gary Yeager	X				Anne Raisner
	at Florida Horse Park, Ocala, FL					
11/16/19	Clinic (Fundraising Event)	X				Linda Jowers
	Iron Horse/Linda Jowers					
11/17/19	Iron Horse HDT (fundraising event)	X				Linda Jowers
	Iron Horse/Linda Jowers					
11/23/19	Lucky V Ranch HDT	X				Paul Van Sickle
	Lucky V Ranch					
11/30/19	Thanksgiving Fun Drive	X				Bettina Scherer
	Flying Cow Park, Wellington, FL					
12/5 to 12/8/2019	American Driving Society Annual Meeting		X			ADS Omnibus
	at Grand Oaks Resort, Lady Lake, FL					
12/6 to 12/7/20	Driving Event at 2019 ADS Meeting		X			ADS Omnibus
	at Grand Oaks Resort, Lady Lake, FL					
12/29/19	Holiday Fun Drive	X				Bettina Scherer
	Flying Cow Park, Wellington, FL					
1/10 to 1/12/20	Nature Coast Driving Event (updated date!)		X			ADS Omnibus
	at Black Prong Equestrian Village, Bronson, FL					
1/18 to 1/19/20	Lessons at Caloosa Park	X				Deb Bennett
	at Palm Beach Gardens, FL					
1/29 to 2/2/20	CDE at Grand Oaks		X	X		ADS Omnibus
	at Grand Oaks Resort, Lady Lake, FL					
02/07/20	Grand Oaks CT, Derby & Pleasure Show		X			ADS Omnibus
	at Grand Oaks Resort, Lady Lake, FL					
02/12/20	Continuous Drive @ Steeplechase	X				Dona Love
	at Steeplechase					
2/14 to 2/18/20	Florida Spring Fling CDE/HDT/CT		X	X		ADS Omnibus
	at Florida Horse Park, Ocala, FL					
2/15 to 2/16/20	Meta Baxter Clinic	X				Karen Wolfsheimer
	at Canturbury Showplace, Newberry, FL					
02/29/20	Inglis Island Trail Drive	X				Yvonne Harris
	Inglis Lock Recreational Area, Crystal River, FL					



## Florida Whips Calendar of Events (*continued*)

Meeting	Competition	Recreational		Clinics/Lessons		
CALENDAR of EVENTS 2019-2020 <i>(updated all season long, contact the newsletter editor with updates, etc.)</i>						
Date	Event	FL Whips	ADS	USEF	FEI	Contact
3/4 to 3/9/20	<b>Live Oak International</b> at Live Oak Farm, Ocala, FL		X	X	X	ADS Omnibus
03/11/20	<b>Continuous Drive @ Steeplechase</b> at Steeplechase	X				Dona Love
3/14 to 3/15/20	<b>Lessons at Caloosa Park</b> at Palm Beach Gardens, FL	X				Deb Bennett
3/20 to 3/23/20	<b>Windsor Trace CT &amp; CDE</b> at Windsor Trace, Windsor, SC		X			ADS Omnibus
3/27 to 3/29/20	<b>Black Prong HDT - CAC</b> at Black Prong Equestrian Village, Bronson, FL		X			ADS Omnibus
11/17/19	<b>Iron Horse HDT (fundraising event)</b> Iron Horse/Linda Jowers	X				Linda Jowers
4/18 to 4/19/20	<b>Lucky V Ranch HDT</b> Lucky V Ranch	X				Paul Van Sickle
4/18 to 4/19/20	<b>Lessons at Caloosa Park</b> at Palm Beach Gardens, FL	X				Deb Bennett
5/7 to 5/10/20	<b>The Southern Drive</b> at Grand Oaks Resort, Lady Lake, FL	X				FL Whips
05/08/20	<b>Florida Whips Annual Membership Meeting</b> at Grand Oaks Resort, Lady Lake, FL	X				FI Whips



A beautiful sunset at the Grand Oaks Resort during the Southern Drive.

Don't forget to mark your calendars for one for the best events of the year!

If you would like to include or know of a driving event not listed on the calendar, please send the following information to [newsletter@flawhips.org](mailto:newsletter@flawhips.org)

Event Name / Type of event (competition, clinic, educational event)  
 Dates (start/end)  
 Location  
 Contact name/website

## MUSINGS FROM THE (NOT-SO-NEW) EDITOR

The new dressage tests are here! The new dressage tests are here!

I'm not gonna lie, I've already printed them, laminated them and put them in a notebook. Because that is the type of person I am. So far they look (to me) reasonably cohesive and have good progression through the levels, but I'd be totally lying if I said I was any kind of expert on this sort of thing.

For those of you who missed the ADS email, "Both the NEW lettered tests and the older numbered tests may be used at ADS-Recognized Events through June 30, 2020. Beginning July 1, 2020 ADS-Recognized Events will only offer the NEW lettered Dressage tests." so we all have some time to learn them. If you are attending the ADS Annual Meeting in December, there will be a demonstration of all the tests on Saturday.

So far only the judge's view/driver's view (members only) tests are available, not the proper dressage scoring format, so who knows if coefficients have changed. These tests are all designed to be driven in either an 80 or 100 meter arena so those of you who hated dealing with the extra letters (RSVP, I and L) are off the hook. The geometry may change between arenas, but the letters remain the same. The ADS did give us this guidance on the intent/progression of the tests, and that will surely play into the coefficients and actual scoring:

### Overview of ADS 2020 Dressage Tests for Drivers

**Training A-** Introductory test for all Classes in the 80m Ring. 100m Ring is suggested for Tandems and Four in Hands but this test may be in at 80m ring if necessary. This test is designed for the novice competitor and does not have a Rein Back movement. All Training level tests have both Working Walk and Walk Stretching the Frame (which is the same walk that has been in ADS Training Level but with a new name).

**Training B –** For all Classes in the 80m Ring. 100m Ring is suggested for Tandems and Four in Hands but this test may be in at 80m ring if necessary. Movements are similar to Training A with a Rein Back movement added to this test.

**Training C-** For all Classes in the 80m Ring. 100m Ring is suggested for Tandems and Four in Hands but this test may be in at 80m ring if necessary. Movements include some figures that are slightly more difficult than Training B. Recommended for Championship classes.

**Preliminary A-** Introductory dressage test for all Classes in the 80m Ring. 100m Ring is suggested for Tandems and Four in Hands but this test may be in at 80m ring if necessary. Preliminary level dressage tests have Lengthened Walk and Lengthened Trot.



**Preliminary B -** For all Classes in 80m Ring. 100m Ring is suggested for Tandems and Four in Hands but this test may be in at 80m ring if necessary. In addition to Lengthened Walk and Lengthened Trot this Preliminary B test has a movement requiring Driver to have Reins in 1 Hand for a few strides.

**Preliminary C –** For Single and Pair Divisions only in 80m Ring. In addition to Lengthened Walk, Lengthened Trot and Reins in One Hand for a few strides, this Preliminary C test has a movement requiring Trot Stretching the Frame.

**Intermediate A -** For all Classes in 80m Ring. 100m Ring is suggested for Tandems and Four in Hands but this test may be in at 80m ring if necessary. Intermediate level dressage tests have Collected Trot, Medium Trot and movements with Reins in One Hand in all tests.

**Intermediate B -** For Single and Pair Classes only in 80m or 100m Ring. In addition to Collected Trot and Medium Trot this Intermediate B test has a movement requiring Trot Stretching the Frame.

**Intermediate C -** For Single Class only in 80m or 100m ring. In addition to Collected Trot, Medium Trot and Trot Stretching the Frame this Intermediate C test includes Working Canter movements.

As we get more info, we can do an article on what the judges are looking for in each test and how the new coefficients (if they change) can impact a test.

Denice & Xander

Also, as a follow up to my bell boot experiment (October issue), it made a SIGNIFICANT difference. Enough of one that now I think I need to help the other side! I'm going to put one bell boot one once a week and work two times on the left for every once on the right and see how that program goes. 6



# Competition Updates: Pine Tree CDE & Katydid CDE

## Pine Tree CDE (Southern Pines, NC)

by Louise Davis Blankinship

Just back from the Pine Tree CDE. My very first competition doing Intermediate. Gulp. I had an ok dressage test. I'm struggling to find a suitable dressage leader to go with my welsh pony, Farnley. My dartmoor mare, Tara is a speed freak and would much rather have her head up and running in cones and marathon instead of being laid back and just doing the test. She just feels a need for speed! Great leader for 2 of the 3 phases. Getting finished with dressage was a huge relief.

Now, on to the fun stuff. I had no idea intermediate was so crazy fast. I get lost easily and have been thrilled all year to have my coach, Lynda Jowers as my gator. My husband Rex Blankinship is my backstepper. We all worked hard on staying on track, being focused and running for our lives. Galloped half the course, cantered where we could. It was an extremely tough course, but I was thrilled to go clear on my first intermediate cones weekend. But, OMG, Someone came over to tell me how awesome I did, but sadly I was 2 seconds too slow. Wow! It was my best cones ever but slow.

Next day was marathon. It poured all night and part of the morning. Slightly muddy, but safe. Lots of huge tree roots, so planning was hard. It was extremely tight and technical. I've only been driving a team since May 2018 so I still have so much to learn. I got lost a couple times and Lynda quickly got me back on track. Once I had to back up about 10 feet to avoid breaking the line of D. I've worked hard on backing all summer and my 4 ponies went into turbo back and got us out of that mess I put them in.

It was extremely hard, but I learned a whole lot and so did the ponies. My plan was to go as fast as I could and not get eliminated the whole weekend. I wanted to win a chair which we did. I'm always the only one in my class, but I'm having the time of my life learning how to drive a team of ponies. I started out wanting to learn how to drive a team



photo credits to Diane McKay Photography

so my husband and I could go on vacation and not leave so many of our ponies/pets at home. It was my dream to be able to just plunk around on trails with 4 of the ponies. Quickly I learned, I don't have 4 compatible ponies to learn on. Deborah and Jerry Waller loaned me their black pair of ponies to use as my wheelers so I could learn new skills. Somewhere along the line, a bunch of people started asking me if I was going to compete. NO, NO, NO, not a team, that's too hard. I'm happy with single and pairs.

Fast forward to January 2019. Guess who's going to compete a team in the preliminary division. Never say never! I did the Palm Tree CDE and completed it, then in February we did the Spring Fling CDE and completed it. Nice being first and not eliminating! I decided that it was fun and not near as intimidating as I thought it would be driving a team through cones and hazards. But, it's still expensive to take 4-5 ponies to a competition. An anonymous donor paid for my entry and stalls so I could go to the Kentucky CDE and again we did extremely well. I wanted to go to Pine Tree CDE and the Facebook group, North Florida Driving Friends helped me out by sponsoring me and paying for my stalls and entry fee. I've been truly blessed by people helping me reach my goal of driving a pony team and now competing a pony team! Stay tuned for the next adventure with the Pony Pals. Next stop, Iron Horse HDT then on to Grand Oaks CDE in January!

*Editors Note: Louise and her team were the inaugural winners of the Deirdre H. Pirie Memorial Award, awarded to drivers "whose presentation and performance demonstrate dedication to the driving sport and who inspire others by her example..." Congratulations, Louise!*



# Competition Updates, continued

## Katydid CDE

by Chris Carswell

This was my second trip to Katydid CDE and sadly, it could be the last time for this venue, so the show was bittersweet. This particular venue really goes out of the way to help the para-drivers. They set up special parking by the barn just for para-drivers. This makes the show so much easier for me and really allows me easy access to my horse and my equipment.

This was my first Intermediate Single Horse competition. It was super tough with many great drivers. I finished 2nd in dressage. Marathon was next on Saturday and I won the marathon! Winning the marathon was the most amazing feeling ever! Cones course was on Sunday and Marc Johnson did his best to give everyone a hard course – he succeeded! I only had one ball down and zero time penalties. I took home 2nd place for my first Intermediate show! Super happy!

If Katydid CDE happens in 2020 – go! It is a challenging marathon course, but you will learn a lot!



Photo Credit: Abbie Trexler for American Driving Society





# Competition Updates, continued

## Katydid CDE

*by Morgan Pevonka for Yeager Equine Services*

It was a week of thrills and spills, but Florida drivers made us proud at the 2019 Katydidd CDE in Windsor, SC. For the second consecutive year, Morgan Pevonka and her VSE stallion, Stetson, won the North American Intermediate VSE Championship. After a disappointing dressage test on Thursday, Morgan and Stetson came roaring back on marathon, winning six of the seven hazards and taking the lead over a field of five drivers. The win was clinched on Sunday with a successful run on a tricky cones course.

Patti Rozensky and her Hackney pony, Luc, put in a beautiful dressage test on Friday, moving into first place in a field of eight in the competitive Preliminary Single Pony division. Marathon day had some challenges, but Patti and Luc finished second, holding their lead going into cones. In the final seconds, an extra ball down and a few time penalties caused the pair to slip into second place, a single point behind the winner!

"I'm extremely proud of these drivers," said trainer Gary Yeager of Ocala, who accompanied his students to Katydidd. "Morgan and Stetson won last year, but it was close, and we knew she needed to improve her marathon times if she was going to continue to win. So, a lot of work went into marathon training this year, and it really paid off. Patti and Luc just continue to get better and better. Luc is a young pony, just starting his career, so we are excited to see him develop. For Patti and Luc to take first place in dressage at Katydidd is a huge accomplishment. We couldn't ask for more."

Janet Crumpton and her Fjord pony, Donnar, finished third in dressage in the Preliminary Pony division, slipping to sixth after marathon and cones. "It's hard to believe this was Janet's first competition at the Preliminary level," Yeager said. "She held her own at a big show in a competitive division, and we are more than happy with her performance."



Above, Patti Rozensky driving Luc, below Janet Crumpton driving Donnar



In addition to the Yeager team, Florida was represented by top drivers Nifty and Jan Hamilton, Boots Wright and Margy Cox. Boots Wright won the ADS North American Championship for pair ponies, and Jan Hamilton took first in the Preliminary Horse division. In the lead after dressage, Nifty Hamilton had an unfortunate turnover in obstacle 7 on marathon. Nifty reportedly suffered proximal tibial fractures, but is expected to make a full recovery.



No, It's not what I said to Xan the other day when he was trying to do both a collected trot AND break the speed limit (dude, it's not a contest to see how fast you can put your feet down... )

OK, it WAS what I said, but I mean chill, literally... Like how to cool a horse down properly.

I remember my world being rocked in the months before the '96 Atlanta Olympics, when the first real research on cooling down horses came out. It was OK to let a hot horse drink as much as he wanted! You didn't have to start hosing them slow on the legs, slowly moving up the body, never really getting to the large muscles... It's always an amazing feeling when we get a breakthrough of some sort in our equine world, one that makes our equine partners' lives just a little better, and this one was especially important to those of us in the Southeast (Humidityville, USA). I was a racetrack groom in the early 80's and to this day I feel a pang of remorse at how we allowed those hot horses only tiny sips of water each circuit of the shedrow when we were cooling down horses. How much better would it have been for them to let them drink!

'96 was also the onset of the wash and scrape era. It became an integral part of the routine. Rinse, scrape, rinse, scrape, rinse, scrap... some horses coming off cross country literally resembled a NASCAR pit stop with a team applying and removing water almost as soon as it landed on the horse. And all this because ... humidity. The idea that water doesn't evaporate in high humidity and is also refractive and holds in heat, made us treat water as both our best friend and greatest enemy. We were in a relationship, but apparently it was #complex. And because we live in Humidityville, USA, we started paying attention to the heat index more than just the temperature.

But it has been more than 20 years since that research came out. Have there been any updates, new research, a magic cooling down potion? Anything?

Yes! Maybe not a magic cooling down potion, but the FEI has some new research out there building on the earlier research.

# Chill Out, Dude!



First, a quick refresher on the chemistry classes you didn't pay attention to mumble-mumble years ago. Heat transfers away from the body by four methods:

- **Radiation.** Heat moves between objects without the objects actually touching (assuming you have never actually touched the sun, you know it still has an effect).
- **Convection.** Forced movement of cool air across the surface of warm skin helps to continually push heat away.
- **Conduction.** Heat transfers directly between two objects touching each other. Air does not conduct heat well, so it only accounts for a minuscule portion of heat loss.
- **Evaporation.** Sweat, a liquid, covers the surface layer of the coat. Sweat gains kinetic energy from body heat that allows it to leave the surface and vaporize. In this process, heat is dispersed and the body can cool itself. Sweat evaporation is most effective in warm, dry environments and is less effective in humid conditions at any temperature.

Another little refresher is how to measure heat. Fun fact, for purposes of the impact of exercising in the real world, the Heat

Index isn't the gold standard and wasn't even used in Atlanta. As it turns out, the heat index is measured in the shade. You read that right. In THE SHADE. Which makes it really useful, said no horseman ever.

A more accurate measure is a little tongue twister called the Wet Bulb Globe Temperature, or WBGT. The WBGT more accurately captures the true impact of heat by taking into account the air temperature, humidity, sun (cloudy vs. sunny day), heat reflected from the ground (tarmac vs grass) and wind all at the same time. Both OSHA and the FEI have guidelines around what how much outdoor work can safely be done above a certain WBGT. Even though experts have been using the WBGT since Atlanta, buying or constructing a WBGT device was impractical for most of us, so we relied on the Heat Index as The Next Best Thing. But these days we have smart phones, and smart phones have weather apps! And many weather apps include a local WBGT reading (WeatherSTEM has readings from UF and Marion Co EOC, as well as many other locations).

When is it a bad idea to work according to the WBGT? The FEI has these guidelines (see chart) which correspond almost exactly with almost every other guideline out there.

*continued, p.11*



# CHILL OUT, DUDE, CONTINUED

After referring to the WBGT for the last two summers, I have found when it is hot, humid and miserable the WBGT is really high... no big surprise. The heat index is high and I KNOW it is too hot. But I have been surprised when the heat index is a bit high and yet the WBGT is still in a safe zone, or that working in the evening still beats working in the morning for my conditions. Another important lesson from the FEI research is we have been a little too dedicated to scraping and limiting/focusing our attention to cooling off the major blood vessels on the horse's neck and hind legs. It makes sense, scraping is necessary in humid conditions and those vessels are HUGE and close to the skin, so it's got to be better, right?

Nope. There's no evidence it speeds up cooling, in fact if you exclusively work there, you may slow cooling. What does make more sense once you think of it, is the skin is the largest organ in the body and applying cooling techniques to ALL of it equally will speed up cooling. Sure, spend an extra second or two on the old standbys, the poll, neck and between the legs, but make sure you continuously get the entire horse wet! As for the practice of scraping between sponging, the new consensus is it wastes valuable cooling time. As long as the water you are continuously applying is colder than the horse, the horse will continue to cool down. That said, because we live in Humidityville, USA where evaporation is compromised, when you are finished cooling the horse, scrape the horse off!

**To recap, the best way to cool off a hot horse, in order of effectiveness is:**

1. **Conduction** aka the application of cold water - Applying large volumes of cold water all over the horses' body is the most effective way of cooling a horse. There is no advantage to concentrating on applying cold water to specific areas such as large blood vessels on the neck or between the legs. Cold water, even applied over the large muscles, does not cause tying-up or muscle damage.
2. **Convection** - Take advantage of fans or misting fans
3. **Radiation** – get out of the sun, get in the shade

**Things that don't work:**

1. Ice packs over large blood vessels is not effective
2. Wet towels placed over the horse actually slows down heat loss!
3. Ice (or cold water) in the rectum. *(Seriously, I cannot believe this needs to be said, but the FEI points out is not permitted, it is dangerous and ineffective, so I'm guessing enough people tried it. Amazing.)*

Remember, Aggressive cooling is the most important factor in reducing heat stroke in horses, and greatly reduces the risk of collapse and potential injury. So Drive on... But be sure to chill out!

## FEI Competition Guidelines (Cross Country/Marathon)

WBGT value (Celsius)	WBGT value (Fahrenheit)	Guideline
Less than 28	Less than 82	No changes to the FEI recommended format for the Three-Day Event Competitions should be necessary.
28-30	82-86	Some precautions to reduce heat load on Horses will be necessary.
30-32	86-89.6	Additional precautions to those above to limit overheating of Horses will be necessary.
32-33	89.6-91.4	These are hazardous climatic conditions for Horses to compete in and will require further modifications to the Competition.
Above 33	Above 91.4	These environmental conditions are probably not compatible with safe Competition. Further veterinary advice will be required before continuing

The following are some links to the FEI session where this information was presented

<https://inside.fei.org/fei/fei-sports-forum-2018-session-6>

Optimising Performance in a challenging climate (20 pages of details for science nerds)

[https://inside.fei.org/sites/default/files/Session\\_6\\_Optimising\\_performance\\_in\\_a\\_challenging\\_climate\\_SUPPORTING\\_DOC.pdf](https://inside.fei.org/sites/default/files/Session_6_Optimising_performance_in_a_challenging_climate_SUPPORTING_DOC.pdf)

Optimising Performance in a challenging climate – Executive Summary (5 page summary for everyone else)

[https://inside.fei.org/sites/default/files/Session\\_6\\_Optimising\\_performance\\_in\\_a\\_challenging\\_climate\\_Exec\\_Summary\\_SUPPORTING\\_DOC.pdf](https://inside.fei.org/sites/default/files/Session_6_Optimising_performance_in_a_challenging_climate_Exec_Summary_SUPPORTING_DOC.pdf)

Presentation - The Equine Athlete: Background, Risk, Prevention and Management by Dr David Marlin (GBR), Scientific and Equine Consultant

[https://inside.fei.org/sites/default/files/FEISF2018\\_Session\\_6\\_The%20Equine%20Athlete%20Background%2C%20Risk%2C%20Prevention%20and%20Management\\_DMarlin.pdf](https://inside.fei.org/sites/default/files/FEISF2018_Session_6_The%20Equine%20Athlete%20Background%2C%20Risk%2C%20Prevention%20and%20Management_DMarlin.pdf)

Presentation - Veterinary Management of Heat Related Illness by Dr Martha Misheff (USA), Member of the FEI Veterinary Committee

[https://inside.fei.org/sites/default/files/FEISF2018\\_Session\\_6\\_Veterinary%20Management%20of%20Heat%20Related%20Illness\\_MMisheff.pdf](https://inside.fei.org/sites/default/files/FEISF2018_Session_6_Veterinary%20Management%20of%20Heat%20Related%20Illness_MMisheff.pdf)

# Tune Up Clinic Update

The Florida Whips and our Education Chair, Anne Raisner came up with a new clinic format and it was a hit!

The Tune Up Clinic was hosted by Grand Oaks and our clinician was Elizabeth Keathley. The new format was designed to be a group learning experience while guiding all the participants through all phases of combined driving.

We had 3 groups with approximately 5 drivers per group. All drivers met for a catered dinner on Friday night to go over the format and schedule, as well as some introductions. On the first night you were seated at a table with your team for some quality bonding time. The format was a Saturday morning dressage test of choice (or partial test if you just wanted to work on specific movements) followed by feedback. While the test was being performed, other teams were up auditing as Elizabeth shared her thoughts on what makes a good dressage test at that particular level, and when this driver/horse was doing well/could be improved/. After all three groups completed their dressage tests we met for another delicious catered meal by the Grand Oaks staff.

After lunch all the drivers and navigators met up at the hazards where Elizabeth talked about some strategies for learning (the hard part) and driving (the harder part) a hazard. We worked on two hazards, one was the more fluid, flowing style and the second was a technical test. Each driver drove both hazards all the way through E two times. We drove it once, got feedback from Elizabeth and then tried to improve our times. After Group A's session, we headed off to the eventing water complex where I decided to test Xan's water hazard chops by approaching it blind at a gallop. I'm proud to say he passed with flying colors and that Grand Oaks will probably not need to clean that feature out. I'm pretty sure I took all the algae out on my carriage!

Saturday night was another delicious meal with a guest speaker. Ellen Ettinger talked to us about the history of the ADS and (back then) AHSA to the now more complex relationship/divorce with between the ADS and USEF. It was informative and interesting. I was up close and personal with people who were involved in the AHSA/USEF kerfluffle all those years ago, so I understand way more of the dynamics and logic that built up to the current tensions between Olympic and non-Olympic disciplines. I can see both sides, but I still hope mom and dad get back together



Ken Linthacum's pony Farnley Nemo studies the hazard carefully. Behind - the new cottages are almost done!



Kathleen Carey Plock driving Elizabeth Keathley's pony, Baynot



No charge for the algae removal!



# Tune Up Clinic Update, continued

again if for no other reason than I'm not sure I can learn dressage tests from three organizations (USEF, USDF, ADS).

On Sunday we met up bright and early for a good cones course group walk. Have you ever read Make Way For Ducklings? There's your visual, with Elizabeth as our able Mama duck. But I digress... It was again, really informative. There's something awesome about learning in a group and hearing other people's thoughts. Sure, sometimes it's necessary to have a one on one learning experience, but I really got a lot out of this clinic and it was a lot of fun as well! After cones, everyone had another opportunity to drive their dressage test again and get feedback.

Overall, it was a thoroughly enjoyable weekend and I want to give special thanks to Anne Raisner (100% her vision and execution), as well as thanks to Elizabeth Keathley for a great learning experience, and the team at Grand Oaks, Tom, Kacy and Lori for hosting such an amazing experience.

Group A: Sigrid Edwards driving Wiz, Bettina Scherer driving Vivi, Morgan Pevonka with Stetson, Patti Rozensky and Luc, and Denice Klinger and Ironwood Xander

Group B: Stephanie Van Den Hurk driving Jeannie, Kathleen Carey Plock driving Baynot, Kami Landy driving Newlie, Ken Linthacum with Farnley Nemo, and Jim Thomas with Cookie and Blondie

Group C: Max and Anne Meinel driving Betty K and Aundy, Cathy Franks with Eddie, Sandy and Howard Hebert driving Sylke and Silana, Karen Cherry and Nobl, Deb and Bennett driving Schotzee



Teeny tiny picture of a teeny tiny Stetson!



We all followed Elizabeth...



Above, Xander studies Elizabeth's advice to Sigrid carefully

Left, Stephanie's lovely young horse Jeannie is an amazing CDE prospect, this was one of her first outings and she rocked it!

# Iron Horse HDT and Clinic

The Florida Whips Iron Horse HDT and clinic will be held November 16th and 17th this year. The HDT on Sunday will consist of dressage and cones in the morning and marathon in the afternoon. Dressage tests will be training 2 and preliminary 4. Due to the one day format we are limited in the number of entries. Please don't ask me to save you a place, it will be on a first come basis. You may email an entry and then send fees by mail. The emailed entry will save your place. The marathon will be approximately 4K with 4 obstacles including a water obstacle. Track is mostly mowed grass with some hard packed sand. Classes with less than three entries will be combined with another class, ribbons through 6th place and champion and reserve for training and preliminary. Entry fee is \$50, checks for entry should be made out to The Florida Whips.

Lunch this year will be a fund raiser for Louise Blankinship sponsored by Janet Crumpton. The cost is therefore greater than usual, but will be a catered BBQ meal for \$20.00. If you do not choose to participate you may bring a lunch, drinks will be provided. Checks for the lunch should be made out to Janet Crumpton

The same entry rules will be followed for the clinic on Saturday. There are 10 lessons available with Gary Yeager at the club special rate of \$60. Lunch will be pot luck and auditors are welcome and free. Volunteers are always needed, please let me know if you can volunteer am, pm, or all day, also let me know if you have a preference for job.

If you have any questions you can reach me by email at [jowersl@aol.com](mailto:jowersl@aol.com) or phone 352-562-6976.



## Iron Horse HDT and Clinic

### Gary Yeager Clinic - Nov 16, 2019 (Saturday)

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ email \_\_\_\_\_

Horse \_\_\_\_\_ Pony \_\_\_\_\_ VSE \_\_\_\_\_

Check one: Dressage \_\_\_\_\_ cones \_\_\_\_\_ marathon \_\_\_\_\_

Fee \$60 \_\_\_\_\_ (Make checks payable to The Florida Whips)

Pot luck lunch

### IRON HORSE HDT ENTRY FORM – November 17, 2019 (Sunday)

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Level \_\_\_\_\_ Division \_\_\_\_\_

Equine \_\_\_\_\_

Wheel Measurement \_\_\_\_\_

HDT Entry \$50 \_\_\_\_\_ (Make checks payable to The Florida Whips)

Sunday Fundraiser Lunch \$20 (optional) \_\_\_\_\_ (check payable to Janet Crumpton)

Total to FL Whips \_\_\_\_\_

Total to Janet Crumpton \_\_\_\_\_

Send entries to: Lynda Jowers

308 SW Spirit Ave

Fort White, FL 32038

# LUCKY V RANCH HDT

**Location of Event:** Lucky V Ranch, 4159 Saddle Club Dr., New Smyrna Beach, FL 32168

**Date:** 11/23/2019

**Open Date:** 11/1/2019

**Closing Date:** 11/22/2019 (Only accepting 10 entries)

**Recognized by:** Florida Whips, Inc

**Organizer:** Paul Van Sickle • luckyvranch@yahoo.com • 386-847-4642 •

**Mail Entries To:** Lucky V Ranch 4159 Saddle Club Dr., New Smyrna Beach FL 32168

**Classes:** VSE, Pony, Horse

**Turnout:** Single, Pairs, Tandem/Multiples

**Dressage:** Training Test 2, Preliminary Test 4, Tandem/Multiples Test 5

**Cones:** Standard Setting Training and Preliminary

**Marathon:** Approximately 4K, 5 obstacles and water.

**Dressage Judge:** TBD

**Cones Judge:** Bob Giles

**Entry Fee:** \$20

**Paddock or Stabling:** No Charge (please bring shavings & clean stall)

**RV Electric Hookup:** \$20

**Lodging:** \$50

**Non-Whips fee:** \$15

**Checks Payable to:** Florida Whips

**Mail Entry To:** Organizer

**Arena/Warm Up Footing:** Grass

**Additional Considerations:** Ribbons through 6th, overall Champion & Reserve Champion.

**Morning:** Dressage and Cones. **Afternoon:** Marathon. Potluck lunch in the Lucky V Saloon.

**Dressage Info - Bell. Cones - Whistle, and electric clock. Cogging with in a year and proof of Flu vacine. Start time: 9:00 sharp.**

**All proceeds go to the Florida Whips, Inc**

**Event Requirement:** Helmet & Vest in Marathon.

**Be Safe and Have Fun!**